



Thank you for choosing Michael Garron Hospital  
(formerly Toronto East General Hospital)  
for your maternity and child birth education needs.

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Please complete and return the attached forms:

- Pre-Admission Questionnaire
- Health Equity Questionnaire
- Request for Preferred Room Accommodation
- Parent & Baby Learning Class Registration Form

Please bring all of these forms with you when you arrive to pre-register for your delivery.

Please bring the forms to the Family Birthing Centre Reception Desk (G Wing, 7th Floor) Monday to Friday 7:00 am to 2:00 pm or afterhours and weekends to the Admitting Department (G Wing, 1st Floor).

Thank you.

# FAMILY BIRTHING CENTRE

## PRE-ADMISSION QUESTIONNAIRE

**Please complete all five pages and print clearly.**

Welcome to Michael Garron Hospital. We are committed to the highest standards of patient care, teaching, kindness and respect. To prepare you for the upcoming birth of your baby, we ask that you please complete the following pre-admission questionnaire and request for room accommodation form carefully. Please return this questionnaire to the Family Birthing Centre reception desk (G Wing, 7<sup>th</sup> Floor) or afterhours to the Admitting Department (G Wing, 1<sup>st</sup> Floor). Your privacy to health information is of our utmost importance.

### General Patient Information

Last Name: \_\_\_\_\_ (as written on Health card or official documents)

First Name: \_\_\_\_\_ (as written on Health card or official documents)

I prefer to be called: \_\_\_\_\_ I use the pronoun:  He/him  Her/she  They/them

Date of Birth: MM/\_\_\_\_DD/\_\_\_\_YY/\_\_\_\_ Age \_\_\_\_\_ Baby's Due Date: MM/\_\_\_\_DD/\_\_\_\_YY/\_\_\_\_

Address: \_\_\_\_\_ Apt/Unit# \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Other: \_\_\_\_\_

Do you require an Interpreter?  No  Yes - Specify language \_\_\_\_\_

If yes you require an interpreter, will someone be accompanying you to the hospital?  No  Yes

Practicing Religion: \_\_\_\_\_ (We ask for your religion to identify specific requirements that may be necessary to follow during emergency situations or for your dietary and spiritual needs during your visit.)

Do you have a family doctor?  No  Yes - Family Doctor's name: \_\_\_\_\_

Family Doctor's Address: \_\_\_\_\_ Office Phone: \_\_\_\_\_

Who will be delivering your baby? (Obstetrician/Family Doctor/Midwife): \_\_\_\_\_

My baby's Doctor will be:  Family Doctor  Paediatrician  Registered Midwife  Other \_\_\_\_\_

**NOTE:** Obstetricians do not provide care for your baby after the birth.

### Insurance Information For Room Accommodation

Ontario Health Card Number: \_\_\_\_\_ Expiry Date: MM/\_\_\_\_DD/\_\_\_\_YY/\_\_\_\_  
Number Version Code

Ontario Health Insurance (OHIP) covers standard ward room (3-4 patients per room) accommodation. We offer semi-private (2 patients per room) and private room (1 patient per room) accommodation which is not covered by OHIP. If you would like to request a semi or private room and you have work or private insurance benefits, please provide your insurance company information below.

Insurance Provider Name: \_\_\_\_\_ Group Number: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Please complete all five pages and print clearly.

**Your Contact Person Information**

**Alternate Contact Person in case of emergency or if we are unable to contact the patient:**

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_

Relation to me:  Husband  Partner  Parent  Son  Daughter  Brother  Sister  Aunt  Uncle  Cousin  
 Grandparent  Friend  Other \_\_\_\_\_

Their address is:  same as mine. If not the same, their address and phone number is:

Address: \_\_\_\_\_ Apt/Unit# \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Other: \_\_\_\_\_

**Substitute Decision-Maker (SDM) for your care:**

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_

Relation to me:  Husband  Partner  Parent  Son  Daughter  Brother  Sister  Aunt  Uncle  Cousin  
 Grandparent  Power of Attorney (Personal Care)  Other \_\_\_\_\_

Their address is:  same as mine. If not the same, their address and phone number is:

Address: \_\_\_\_\_ Apt/Unit# \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Other: \_\_\_\_\_

**YOUR PRIVACY**

We have an information pamphlet that explains what information we collect, how we use it and who we share it with. If you have any questions during your stay you can ask someone looking after you, or our privacy officer at [privacy@tegh.on.ca](mailto:privacy@tegh.on.ca) or (416) 469-6580 x7781.

**For Telephone & Visitor Inquires:**

When you are in hospital anyone can call in and ask about you. We can only confirm that you are a patient and give your location (unit or room number). Your nurse can provide your general condition (good, fair) to the caller. Only this information is released to the public. **If you decide 'NO' that you do not want this information to be available, we will NOT be able to provide it to anyone whether they are calling or here visiting you, this includes your spouse, partner, family, friend, etc.**

Can we provide this information if someone calls in or visiting you?  YES  NO

*Please complete all five pages and print clearly.*

### Medical History

1. Do you have any Allergies:  No  Yes - If yes, please list what you are allergic to and your reaction:  
\_\_\_\_\_
2. Have you ever had any problems with:  sadness  eating  sleeping  anxiety  trauma  abuse  other  
(explain): \_\_\_\_\_
3. Have you ever been treated for depression or post-partum depression?  No  Yes
4. Would you like to speak to a Social Worker when you are admitted to the hospital?  No  Yes
5. Have you ever had a blood transfusion before?  No  Yes - If Yes why: \_\_\_\_\_
6. Do you have?  false teeth  caps  any loose teeth Also, do you have contact lenses?  No  Yes
8. My Height \_\_\_\_\_ Pre-pregnancy Weight \_\_\_\_\_ Current Weight \_\_\_\_\_
9. Number of previous pregnancies \_\_\_\_\_ Number of children \_\_\_\_\_ Age of children at home \_\_\_\_\_
10. Number of previous miscarriages/stillbirth/neonatal losses \_\_\_\_\_
11. Have you arranged care for your child(ren) while you are in the hospital?  No  Yes  
If No, please arrange for a responsible adult to care for your child(ren) while you are in hospital.
12. Number of Previous Cesarean Sections: \_\_\_\_\_ Number of Previous Vaginal Births: \_\_\_\_\_
13. Problems associated with this pregnancy (i.e. high blood pressure, diabetes, infections)?  
\_\_\_\_\_

### Expectations for the Birth

1. Are you planning a vaginal birth?  No  Yes - **If No go to question seven (7)**
  2. How do you cope with pain? (Select one)  Very well  Well  Not very well  Not at all
  3. What strategies help you cope with pain? \_\_\_\_\_
  4. How would you want to be supported during your labour and birth?  
 Bath/shower  Birthing ball  Ambulating  Breathing techniques  Music  Other: \_\_\_\_\_
- Important Note:** *We strongly encourage you to practice supportive care in labour techniques prior to your hospital admission. Please call Toronto Public Health for more information on prenatal and postpartum services at 416-338-7600. We also provide Child Birth Education Classes.*
5. Are you considering medication for pain management?  No  Yes  Undecided
  6. Are you interested in having an epidural?  No  Yes  Undecided
  7. If you have had a Cesarean Section are you going to try to have a vaginal birth this time?  No  Yes
  8. If you are planning to have another Cesarean Section, what is the reason? \_\_\_\_\_
- If this is your first birth experience, go to question eleven (11):**
9. How was your last birth experience? Please explain \_\_\_\_\_  
\_\_\_\_\_
  10. Did you Breastfeed (also referred to as chestfeeding) your other child(ren)?  No  Yes - If Yes how long? \_\_\_\_\_
  11. How do you plan to feed this baby:  Breastfeeding  Combination (Breastfeeding and Formula)  Formula  
 Expressed Breast milk  Other: \_\_\_\_\_

*Please complete all five pages and print clearly.*

### Social History

*Please note some of these questions are sensitive. Your privacy is of utmost importance. Answering the following questions will enable us to provide individualized support and resources.*

1. Will your partner be involved with your pregnancy/birth?      No   Yes   Undecided
2. Support person(s) in labour (list)\_\_\_\_\_
3. Do you have any help or support once your baby arrives?      Same as above      No help  
Other: \_\_\_\_\_
4. Are there any foods you do not eat?      No   Yes - If yes, list the foods:\_\_\_\_\_
5. Do you feel you eat a healthy diet?      No   Yes
6. Do you exercise?   No   Yes - If yes what kind of activities:\_\_\_\_\_
7. Do you ever have difficulties making ends meet at the end of the month?      No   Yes   Prefer not to answer
8. Do you feel safe in your current living situation?      No   Yes
9. Do you plan on returning to your current living situation?      No   Yes
10. Have you ever been or are you currently being physically or emotionally abused?      No   Yes  
(Assaulted Women's Helpline, free at 1-866-863-0511)
11. Did you drink alcohol prior to pregnancy?      No   Yes - If yes, how many drinks per week:\_\_\_\_\_
12. Do you currently drink alcohol?      No   Yes - If yes, how many drinks per week:\_\_\_\_\_
13. Did you smoke prior to pregnancy?      No   Yes - If yes, when did you stop smoking:\_\_\_\_\_
14. Do you currently smoke cigarettes?      No   Yes - If yes, how many cigarettes per day:\_\_\_\_\_
15. Does anyone in your house smoke?      No   Yes
16. Do you or your partner use street drugs?      No   Yes - If yes, explain:\_\_\_\_\_
17. Are you a student?      No   Yes - If yes: High School  College  University  E.S.L.
18. Do you plan to return to school?      No   Yes
19. Do you plan on taking prenatal classes?      No   Yes - If Yes, where are you taking prenatal classes?  
Michael Garron Hospital      Other \_\_\_\_\_
20. Would you like to speak to a hospital Social Worker after your delivery who can help provide support and community resources?      No   Yes
21. Do you have any concerns about this pregnancy or the birth? \_\_\_\_\_

# HEALTH EQUITY QUESTIONNAIRE

## We Ask Because We Care

We are collecting social information from patients to find out who we serve and what unique needs our patients have. We will also use this information to understand patient experiences and outcomes.

### Do I have to answer all the questions?

No. The questions are voluntary and you can choose 'prefer not to answer' to any or all questions. This will not affect your care.

### Who will see this information?

This information will be completely confidential. If used in research, this information will be combined with data from all other patients and no one will be able to identify any of the patients.

### 1. What language would you feel most comfortable speaking in with your healthcare provider?

Check **ONE** only.

- |   |  |   |                                      |  |
|---|--|---|--------------------------------------|--|
| <input type="checkbox"/> 1. Amharic               | <input type="checkbox"/> 8. Dari         | <input type="checkbox"/> 15. Italian    | <input type="checkbox"/> 22. Russian | <input type="checkbox"/> 29. Tigrinya                              |
| <input type="checkbox"/> 2. Arabic                | <input type="checkbox"/> 9. English      | <input type="checkbox"/> 16. Karen      | <input type="checkbox"/> 23. Serbian | <input type="checkbox"/> 30. Turkish                               |
| <input type="checkbox"/> 3. ASL                   | <input type="checkbox"/> 10. Farsi       | <input type="checkbox"/> 17. Korean     | <input type="checkbox"/> 24. Slovak  | <input type="checkbox"/> 31. Twi                                   |
| <input type="checkbox"/> 4. Bengali               | <input type="checkbox"/> 11. French      | <input type="checkbox"/> 18. Nepali     | <input type="checkbox"/> 25. Somali  | <input type="checkbox"/> 32. Ukrainian                             |
| <input type="checkbox"/> 5. Chinese (Cantonese)   | <input type="checkbox"/> 12. Greek       | <input type="checkbox"/> 19. Polish     | <input type="checkbox"/> 26. Spanish | <input type="checkbox"/> 33. Urdu                                  |
| <input type="checkbox"/> 6. Chinese (Mandarin)    | <input type="checkbox"/> 13. Hindi       | <input type="checkbox"/> 20. Portuguese | <input type="checkbox"/> 27. Tagalog | <input type="checkbox"/> 34. Vietnamese                            |
| <input type="checkbox"/> 7. Czech                 | <input type="checkbox"/> 14. Hungarian   | <input type="checkbox"/> 21. Punjabi    | <input type="checkbox"/> 28. Tamil   | <input type="checkbox"/> 35. Other ( <i>Please specify</i> ) _____ |
| <input type="checkbox"/> 88. Prefer not to answer | <input type="checkbox"/> 99. Do not know |   |                                      |  |

### 2. Were you born in Canada?

1. Yes    2. No - If **NO**, what year did you arrive in Canada? \_\_\_\_\_    88. Prefer not to answer    99. Do not know

### 3. Which of the following **best** describes your racial or ethnic group?

Check **ONE** only.

- |  |  |
|--|--|
| <input type="checkbox"/> 1. Asian- East (e.g. Chinese, Japanese, Korean)             | <input type="checkbox"/> 11. Latin American (e.g. Argentinean, Chilean, Salvadoran)        |
| <input type="checkbox"/> 2. Asian- South (e.g. Indian, Pakistani, Sri Lankan)        | <input type="checkbox"/> 12. Métis   |
| <input type="checkbox"/> 3. Asian- South East (e.g. Malaysian, Filipino, Vietnamese) | <input type="checkbox"/> 13. Middle Eastern (e.g. Egyptian, Iranian, Lebanese)             |
| <input type="checkbox"/> 4. Black - African (e.g. Ghanaian, Kenyan, Somali)          | <input type="checkbox"/> 14. White - European (e.g. English, Italian, Portuguese, Russian) |
| <input type="checkbox"/> 5. Black - Caribbean (e.g. Barbadian, Jamaican)             | <input type="checkbox"/> 15. White - North American (e.g. Canadian, American)              |
| <input type="checkbox"/> 6. Black - North American (e.g., Canadian, American)        | <input type="checkbox"/> 16. Mixed heritage (e.g. Black- African & White-North American)   |
| <input type="checkbox"/> 7. First Nations  | <i>(Please specify)</i> _____  |
| <input type="checkbox"/> 8. Indian - Caribbean (e.g. Guyanese with origins in India) | <input type="checkbox"/> 17. Other(s) ( <i>Please specify</i> ) _____                      |
| <input type="checkbox"/> 9. Indigenous/Aboriginal not included elsewhere             | <input type="checkbox"/> 88. Prefer not to answer  |
| <input type="checkbox"/> 10. Inuit   | <input type="checkbox"/> 99. Do not know   |

**4. Do you have any of the following?**

**Check ALL that apply.**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> 1. Chronic illness            | <input type="checkbox"/> 5. Mental illness                                   | <input type="checkbox"/> 9. None                  |
| <input type="checkbox"/> 2. Developmental disability   | <input type="checkbox"/> 6. Physical disability                              | <input type="checkbox"/> 88. Prefer not to answer |
| <input type="checkbox"/> 3. Drug or alcohol dependence | <input type="checkbox"/> 7. Sensory disability (i.e. hearing or vision loss) | <input type="checkbox"/> 99. Do not know          |
| <input type="checkbox"/> 4. Learning disability        | <input type="checkbox"/> 8. Other (Please specify) _____                     |   |

**5. What is your gender?**

**Check ONE only**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> 1. Female                | <input type="checkbox"/> 3. Male                  | <input type="checkbox"/> 5. Trans- Male to Female        |
| <input type="checkbox"/> 2. Intersex              | <input type="checkbox"/> 4. Trans- Female to Male | <input type="checkbox"/> 6. Other (please specify) _____ |
| <input type="checkbox"/> 88. Prefer not to answer | <input type="checkbox"/> 99. Do not know          |  |

**6. What is your sexual orientation?**

**Check ONE only**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> 1. Bisexual              | <input type="checkbox"/> 3. Heterosexual (“straight”) | <input type="checkbox"/> 5. Queer                        |
| <input type="checkbox"/> 2. Gay                   | <input type="checkbox"/> 4. Lesbian                   | <input type="checkbox"/> 6. Two-Spirit                   |
| <input type="checkbox"/> 88. Prefer not to answer | <input type="checkbox"/> 99. Do not know              | <input type="checkbox"/> 7. Other (please specify) _____ |

**7. What was your total family income before taxes last year?**

**Check ONE only**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> 1. \$0 to \$29,999       | <input type="checkbox"/> 3. \$60,000 to \$89,999  | <input type="checkbox"/> 5. \$120,000 to \$149,999 |
| <input type="checkbox"/> 2. \$30,000 to \$59,999  | <input type="checkbox"/> 4. \$90,000 to \$119,999 | <input type="checkbox"/> 6. \$150,000 or more      |
| <input type="checkbox"/> 88. Prefer not to answer | <input type="checkbox"/> 99. Do not know          |  |

**8. How many people does this income support? \_\_\_\_\_**

- |   |  |
|---|--|
| <input type="checkbox"/> 88. Prefer not to answer | <input type="checkbox"/> 99. Do not know |
|---|--|

***Thank you for participating!***

**Parent & Child Learning Classes  
Class Registration Form**

PATIENT ID LABEL

**(416) 469-6130 / MNC@tehn.ca**

(Class schedule available online at [www.tehn.ca](http://www.tehn.ca))

*Important: Your class date(s) will be scheduled after we receive your payment.*

**IN PERSON:** Family Birthing Centre Reception Desk (7th Floor G-wing): Monday to Friday 8:00 am - 2:00 pm  
Admitting Department (1st Floor G-wing): Monday to Friday 2:00 pm-10:30 pm / Weekend & Holidays 8:00 am - 10:00 pm

**Client Information: Please Print**

Client Last Name:		Given Name:		Date of Birth: (Day / Month / Year)	
Address:			Apt#:		Telephone Number - Home:
Town or City:		Province:		Postal Code:	
Health Card Number:		Support Person:		Expected Delivery Date:	

**SPOUSE/PARTNER/OTHER INFORMATION: PLEASE COMPLETE FOR PRENATAL AND INFANT C.P.R. CLASSES**

Spouse/Partner Last Name:		Given Name:		Telephone Number - Home:	
Date of Birth: (Day / Month / Year)		Ontario Health Card Number and Version Code		Telephone Number - Other:	

How did you find out about our program?  Obstetrician  Midwife  Friend/Relative  \_\_\_\_\_

**Class Selection: Please select only one option for the Prenatal Class (Option A or B)**

Classes:	Class Day & Duration:	Class Fees:
<input type="checkbox"/> <b>CHILD BIRTH EDUCATION CLASSES</b> <span style="float: right;"><b>\$220.00 per couple</b></span>		
<u>Includes the following classes:</u> (please select only <u>one</u> option A or B)		
<input type="radio"/> <b>OPTION A (7 Classes)</b>		
- Prenatal Class & Tour (select one only)	<input type="radio"/> Saturday 9:00 a.m. - 5:30 p.m. <b>or</b> <input type="radio"/> Sunday 9:00 a.m. - 5:30 p.m.	
- Baby Care Class (select one only)	<input type="radio"/> Tuesday 7:30 p.m. - 9:30 p.m. <b>or</b> <input type="radio"/> Thursday 7:30 p.m. - 9:30 p.m.	
- Breastfeeding Class	Monday 7:00 p.m. - 8:30 p.m.	
- Postnatal Class	Fridays 12:15 p.m. - 2:15 p.m. (4 afternoon classes)	
<input type="radio"/> <b>OPTION B (11 Classes)</b>		
- Prenatal Class & Baby Care Class	Thursdays 7:30 p.m. - 9:30 p.m. (5 evening classes)	
- Breastfeeding Class	Monday 7:00 p.m. - 8:30 p.m.	
- Tour	Thursday 6:00 p.m. - 7:00 p.m.	
- Postnatal Class	Fridays 12:15 p.m. - 2:15 p.m. (4 afternoon classes)	
<input type="checkbox"/> <b>BREASTFEEDING CLASS ONLY</b>	Monday 7:00 p.m. - 8:30 p.m.	<b>\$20.00 per couple</b>
<input type="checkbox"/> <b>BABY CARE CLASS ONLY</b>	Tuesday or Thursday 7:30 p.m. - 9:30 p.m.	<b>\$20.00 per couple</b>
<input type="checkbox"/> <b>POSTNATAL CLASS ONLY (Parent &amp; Baby Only)</b>	Fridays 12:15 p.m. - 2:15 p.m. (4 afternoon classes)	<b>\$80.00 per person</b>
<input type="checkbox"/> <b>REFRESHER PRENATAL CLASS</b>	Class Arranged Individually	<b>\$130.00 per couple</b>
<input type="checkbox"/> <b>GRANDPARENTS CLASS</b>	Sunday 7:00 p.m. - 10:00 p.m.	<b>\$40.00 per person</b>
<input type="checkbox"/> <b>INFANT C.P.R. CLASS</b>	Thursdays 6:00 p.m. - 7:30 p.m. (Classes scheduled once a month only)	<b>\$45.00 per person <u>or</u> \$80.00 per couple</b>

**Method of Payment: Your class confirmation letter and your official tax receipt will be mailed to address listed above**

**Class Fees:** **Total Payment:** \$ \_\_\_\_\_

**Payment Method:**  Debit  Visa  Master Card  American Express

FORM CPR 76 (REV. AUGUST 28, 2019)

**For Office Use Only:**

DATE PAYMENT RECEIVED | INVOICE NUMBER | BUSINESS OFFICE STAFF | DATE CONFIRMATION MAILED | SCHEDULED AND MAILED BY