## **Prenatal Classes**



| Evening Prenatal Classes (10tal 7 Classes) |   |                        |         |         |   |                         |                         |
|--|---|------------------------|---------|---------|---|-------------------------|-------------------------|
| Due Date / Expected Date                   |   |                        | Class   | Total   | Prenatal Classes (Baby Care Included)           | Breastfeeding Class     | Tour                    |
| From                                       |   | То                     | Series# | Classes | 7:30 pm to 9:30 pm                              | 7:00 pm to 8:30 pm      | 6:00 pm to 7:00 pm      |
| Thu, March 5, 2020                         | - | Wed, April 29, 2020    | PR1     | 7       | Thursdays January 2, 9, 16, 23 and 30           | Mon, January 6 or 20    | Thu, January 9, 2020    |
| Thu, April 30, 2020                        | - | Wed, July 1, 2020      | PR2     | 7       | Thursdays March 5, 12, 19, 26 and April 2       | Mon, March 2 or 16      | Thu, March 5, 2020      |
| Thu, July 2, 2020                          | - | Wed, August 26, 2020   | PR3     | 7       | Thursdays May 7, 14, 21, 28 and June 4          | Mon, May 4 or 25        | Thu, May 7, 2020        |
| Thu, August 27, 2020                       | - | Wed, November 4, 2020  | PR4     | 7       | Thursdays July 2, 9, 16, 23, 30                 | Mon, July 13 or 27      | Thu, July 9, 2020       |
| Thu, November 5, 2020                      | - | Wed, December 30, 2020 | PR5     | 7       | Thursdays September 10, 17, 24 and October 1, 8 | Mon, September 14 or 28 | Thu, September 10, 2020 |
| Thu, December 31, 2020                     | - | Sat, March 27, 2021    | PR6     | 7       | Thursdays November 5, 12, 19, 26 and December 3 | Mon, November 2 or 16   | Thu, November 5, 2020   |

Sunday Prenatal Classes (Total 3 Classes)

| Due Date / Expected Date  |                         |      | Total   | Prenatal Class (Tour Included) | Breastfeeding Class    | Baby Care Class        |
|---------------------------|-------------------------|------|---------|--------------------------------|------------------------|------------------------|
| From                      | То                      |      | Classes | 9:00 am to 5:30 pm             | 7:00 pm to 8:30 pm     | 7:30 pm to 9:30 pm     |
| Thu, March 12, 2020 -     | Sun, May 24, 2020       | PR7  | 3       | Sun, February 2, 2020          | Mon, February 10, 2020 | Thu, February 13, 2020 |
| Mon, May 25, 2020 -       | Sun, July 26, 2020      | PR8  | 3       | Sun, April 19, 2020            | Mon, April 27, 2020    | Thu, April 23, 2020    |
| Mon, July 27, 2020 -      | Sun, September 20, 2020 | PR9  | 3       | Sun, June 14, 2020             | Mon, June 29, 2020     | Thu, June 18, 2020     |
| Mon, September 21, 2020 - | Wed, November 18, 2020  | PR10 | 3       | Sun, August 16, 2020           | Mon, August 24, 2020   | Thu, August 20, 2020   |
| Thu, November 19, 2020 -  | Mon, January 11, 2021   | PR11 | 3       | Sun, October 18, 2020          | Mon, October 5, 2020   | Thu, October 22, 2020  |
| Tue, January 12, 2021 -   | Thu, March 11, 2021     | PR12 | 3       | Sun, December 13, 2020         | Mon, December 7, 2020  | Tue, December 15, 2020 |

#### Saturday Prenatal Classes (Total 3 Classes)

| Due Date / Expected Date |                          |         | Total   | Prenatal Class (Tour Included) | Breastfeeding Class     | Baby Care Class         |
|--------------------------|--------------------------|---------|---------|--------------------------------|-------------------------|-------------------------|
| From                     | То                       | Series# | Classes | 9:00 am to 5:30 pm             | 7:00 pm to 8:30 pm      | 7:30 pm to 9:30 pm      |
| Tue, February 11, 2020   | Mon, February 24, 2020   | PR13    | 3       | Sat, January 11, 2020          | Mon, January 6, 2020    | Tue, January 14, 2020   |
| Tue, February 25, 2020   | Wed, March 11, 2020      | PR14    | 3       | Sat, January 25, 2020          | Mon, January 20, 2020   | Tue, January 28, 2020   |
| Thu, March 12, 2020      | Wed, March 25, 2020      | PR15    | 3       | Sat, February 8, 2020          | Mon, February 10, 2020  | Thu, February 20, 2020  |
| Thu, March 26, 2020      | - Mon, April 6, 2020     | PR16    | 3       | Sat, February 22, 2020         | Mon, February 24, 2020  | Thu, February 27, 2020  |
| Tue, April 7, 2020       | Mon, April 20, 2020      | PR17    | 3       | Sat, March 7, 2020             | Mon, March 2, 2020      | Tue, March 10, 2020     |
| Tue, April 21, 2020      | Wed, May 6, 2020         | PR18    | 3       | Sat, March 21, 2020            | Mon, March 16, 2020     | Tue, March 24, 2020     |
| Thu, May 7, 2020         | Fri, May 22, 2020        | PR19    | 3       | Sat, April 4, 2020             | Mon, April 6, 2020      | Thu, April 9, 2020      |
| Sat, May 23, 2020        | Sun, June 7, 2020        | PR20    | 3       | Sat, April 25, 2020            | Mon, April 27, 2020     | Thu, April 16, 2020     |
| Mon, June 8, 2020        | Fri, June 26, 2020       | PR21    | 3       | Sat, May 9, 2020               | Mon, May 4, 2020        | Tue, May 12, 2020       |
| Sat, June 27, 2020       | Sun, July 12, 2020       | PR22    | 3       | Sat, May 23, 2020              | Mon, May 25, 2020       | Tue, May 19, 2020       |
| Mon, July 13, 2020       | Sun, July 26, 2020       | PR23    | 3       | Sat, June 6, 2020              | Mon, June 15, 2020      | Thu, June 11, 2020      |
| Mon, July 27, 2020       | Sun, August 9, 2020      | PR24    | 3       | Sat, June 27, 2020             | Mon, June 29, 2020      | Thu, June 25, 2020      |
| Mon, August 10, 2020     | Sun, August 23, 2020     | PR25    | 3       | Sat, July 4, 2020              | Mon, July 13, 2020      | Tue, July 7, 2020       |
| Mon, August 24, 2020     | Wed, September 9, 2020   | PR26    | 3       | Sat, July 18, 2020             | Mon, July 27, 2020      | Tue, July 21, 2020      |
| Thu, September 10, 2020  | Wed, September 23, 2020  | PR27    | 3       | Sat, August 8, 2020            | Mon, August 10, 2020    | Thu, August 13, 2020    |
| Thu, September 24, 2020  | - Sun, October 11, 2020  | PR28    | 3       | Sat, August 22, 2020           | Mon, August 24, 2020    | Thu, August 27, 2020    |
| Mon, October 12, 2020    | Sun, October 25, 2020    | PR29    | 3       | Sat, September 12, 2020        | Mon, September 14, 2020 | Tue, September 8, 2020  |
| Mon, October 26, 2020    | Wed, November 11, 2020   | PR30    | 3       | Sat, September 26, 2020        | Mon, September 28, 2020 | Tue, September 22, 2020 |
| Thu, November 12, 2020   | - Wed, November 25, 2020 | PR31    | 3       | Sat, October 3, 2020           | Mon, October 5, 2020    | Thu, October 15, 2020   |
| Thu, November 26, 2020   | Mon, December 7, 2020    | PR32    | 3       | Sat, October 24, 2020          | Mon, October 19, 2020   | Thu, October 29, 2020   |
| Tue, December 8, 2020    | Mon, December 21, 2020   | PR33    | 3       | Sat, November 7, 2020          | Mon, November 2, 2020   | Tue, November 10, 2020  |
| Tue, December 22, 2020   | - Wed, January 6, 2021   | PR34    | 3       | Sat, November 21, 2020         | Mon, November 16, 2020  | Tue, November 24, 2020  |
| Thu, January 7, 2021     | Sun, January 17, 2021    | PR35    | 3       | Sat, December 5, 2020          | Mon, December 7, 2020   | Thu, December 10, 2020  |
| Mon, January 18, 2021    | Tue, February 2, 2021    | PR36    | 3       | Sat, December 19, 2020         | Mon, December 21, 2020  | Thu, December 17, 2020  |

## **Postnatal Classes**

8

| (Total 4 Classes)      |    |                         |         |         |                                 |
|------------------------|----|-------------------------|---------|---------|---------------------------------|
| Due Date ,             | Ex | pected Date             | Class   | Total   | Postnatal Class                 |
| From                   |    | То                      | Series# | Classes | 12:15 pm to 2:15 pm             |
| November 01, 2019      | -  | November 29, 2019       | PS1     | 4       | January 10, 17, 24, 31          |
| Sat, November 30, 2019 | -  | Tue, December 31, 2019  | PS2     | 4       | February 7, 14, 21, 28          |
| Wed, January 1, 2020   | -  | Fri, January 31, 2020   | PS3     | 4       | March 6, 13, 20, 27             |
| Sat, February 1, 2020  | -  | Sat, February 29, 2020  | PS4     | 4       | April 3, 9, 17, 24              |
| Sun, March 1, 2020     | -  | Tue, March 31, 2020     | PS5     | 4       | May 8, 15, 22, 29               |
| Wed, April 1, 2020     | -  | Thu, April 30, 2020     | PS6     | 4       | June 5, 12, 19, 26              |
| Fri, May 1, 2020       | -  | Sun, May 31, 2020       | PS7     | 4       | July 3, 10, 17, 24              |
| Mon, June 1, 2020      | -  | Tue, June 30, 2020      | PS8     | 4       | July 31, August 7, 14, 21       |
| Wed, July 1, 2020      | -  | Fri, July 31, 2020      | PS9     | 4       | September 4, 11, 18, 25         |
| Sat, August 1, 2020    | -  | Mon, August 31, 2020    | PS10    | 4       | October 2, 9, 16, 23            |
| Tue, September 1, 2020 | -  | Wed, September 30, 2020 | PS11    | 4       | October 30, November 6, 13, 20  |
| Thu, October 1, 2020   | -  | Sat, October 31, 2020   | PS12    | 4       | November 27, December 4, 11, 18 |

## **Tour Only**

(1 Tour

| Tour                       |
|----------------------------|
| 6:00 pm to 7:00 pm         |
| January 16, 23 or 30       |
| February 13, 20 or 27      |
| March 12, 19 or 26         |
| April 2, 9, 16 or 23       |
| May 14, 21 or 28           |
| June 4, 11, 18 or 25       |
| July 9, 16, 23 or 30       |
| August 6, 13 or 20         |
| September 17 or 24         |
| October 1, 8, 15, 22 or 29 |
| November 12, 19 or 26      |
| December 3, 10 or 17       |
|                            |

# **Grandparent**

(1 Class)

Grandparent Class
1:00 pm to 4:00 pm

Sun, January 12, 2020

Sun, March 8, 2020

Sun, May 24, 2020

Sun, July 5, 2020

Sun, September 13, 2020

Sun, November 22, 2020

### **Infant CPR**

1 Class)

6:00 pm to 7:30 pm

3rd Thursday of each Month