Michael Garron Hospital (MGH) is marking Black History Month by sharing the myriad of ways we can recognize, learn about and engage with the diverse facets of Black history, culture and identity in East Toronto and beyond. Whether you "choose your own adventure" or follow the day's suggested activity, we hope you'll take the time to celebrate and reflect on the contributions of our Black friends, family, colleagues and communities throughout the month.

## Hover over each date and click the link for more information and to access the day's activity.

SUN	MON	TUE	WED	тни	FRI	SAT
		MGH Inclusion Alliance: #IamMGH Black Voices Read the stories and lived experiences of MGH's Black staff and physicians in the G4 cafeteria or click here.	Brush up on your Black Canadian history with this comprehensive roundtable featuring Black scholars from the Ontario Black History Society, York University and more.	<b>CCDI Webinar</b> <b>1-2 p.m.</b> A fireside chat about addressing anti-Black racism in the workplace. Click here to register in advance.	MGH Inclusion Alliance: Black History Makers to Know Get to know Dr. Miriam Rossi, educator, physician and leader in healthcare and education. Learn more in the G4 cafeteria or click here.	Enjoy take-out or shop local to support a Black-owned business in East Toronto!
Explore CBC Gem's Black Stories Collection, which shares the experience of Black communities in Canada.	AGO Virtual Tour & Talk: Art of the African Diaspora 1 p.m. & 6 p.m. Presented by the Dalla Lana School of Public Health. Click here to register in advance.	WATCH: Learn about the heroic story of Deborah Brown, who escaped slavery in Maryland and found freedom in 19th- century Toronto.	MGH Inclusion Alliance: Speaker Series 8-9 a.m. Join guest speaker Paul Taylor for a talk on the connections between racism, the modern food system and food insecurity.	Panel Talk: 10 Black and Health in Canada 3-4:30 p.m. An overview of Black Canadians' health and the challenges they face that affect their health outcomes. Presented by York University. Click here to register in advance.	Cook up an African or Caribbean recipe at home! Click here for a selection of recipes.	Black and Canadian: Stories of Service 12 2-4 p.m. Explore this online exhibition focused on Black military history in Canada and tune into a virtual talk on archives and documentation. Click here to register in advance.
MGH Inclusion Alliance: Black History Makers to Know Get to know Lincoln Alexander, the first Black member of Parliament in Canadian history. Learn more in the G4 cafeteria or click here.	Support local this Valentine's Day with Mary's Brigadeiro, a Black woman- owned chocolate shop in East Toronto.	Check out Nile Valley Books, an independent African-owned bookstore in East Toronto specializing in Afrocentric literature and gifts.	16 Film Screening: It Takes a Riot: Race, Rebellion and Reform 6-7:30 p.m. Discussion presented by the Dalla Lana School of Public Health. Click here to register in advance.	CCDI Webinar 17 1-2 p.m. 17 Learn about the history of race and racism in Canada. Click here to register in advance.	MGH Inclusion Alliance: Black History Makers18Back History Makers to Know18Get to know Mary Ann Shad, the first Black woman publisher in North America. Learn more in the G4 cafeteria or click here.	Toronto Black Film Festival 19 The annual festival goes virtual with film screenings, panel discussions, kids' activities and more throughout the month.
Via Kanana Stream a dance performance presented by South Africa's Via Katlehong Dance. Supported by Harbourfront Centre. Click here to register in advance.	Happy Family 21 Day! Broaden your bookshelf by introducing these picture books, which star kids of colour, to the tots in your life.	MGH Inclusion Alliance: Black History Makers to Know Get to know Elijah McCoy, inventor and mechanical engineer. Learn more in the G4 cafeteria or click here.	Dan Charnas 23 Talks Dilla Time 23 7-8 p.m. The author discusses his book, which chronicles the life and legacy of the late rapper J Dilla. Presented by TPL. Click here to register in advance.	An Evening with Canute Lawrence & Gayle Gonsalves 7-8 p.m. The authors discuss their book, Pathology of a Pandemic, which documents our experiences during COVID-19. Click here to register in advance.	MGH Inclusion Alliance: Black History Makers 25 to Know Get to know John Ware, a Canadian cowboy who helped build Western Canada's ranching industry. Learn more in the G4 cafeteria or click here.	BPAO Annual Health Symposium 9 a.m4 p.m. Open to practicing physicians, residents, students and other healthcare professionals. Click here to register in advance.
Check out the <b>27</b> National Film Board's collection of free films by Black filmmakers, creators and allies.	Black History 28 Luncheon with Andre De Grasse 12-2 p.m. Tune into a livestream of this University of Toronto event. Click here to register in advance.					

