

HOME OXYGEN ASSESSMENT

- A Home Oxygen Assessment is needed for you to qualify for oxygen funding under the Home Oxygen Program.
- This means that you can get help paying for oxygen therapy in your home.
- The Home Oxygen Program is run by the Ministry of Health and Long-Term Care.



My test is on: _____

Tell the respiratory therapist if:

- You have an infectious disease. Examples are active lung tuberculosis (TB) or COVID-19.
- You have issues with your heart. Examples are a recent heart attack, unstable heart disease, angina, or uncontrolled blood pressure.
- You are coughing up blood.
- You had a recent stroke.
- You have an aortic aneurysm or a brain aneurysm.
- You had eye surgery in the past 4 weeks.
- You have uncontrolled glaucoma.

WHAT SHOULD I DO TO GET READY FOR MY TEST?

- Do not smoke on the day of the test.
- Wear comfortable walking shoes for your test.
- Bring your cane or walker if you normally use one.
- Take your medications the day of your test. If you have diabetes, adjust your diabetes medications for exercise/walking so that your blood sugar does not go too low. Ask your doctor if you need help doing this.
- Tell the respiratory therapist if you are pregnant.

**The test
takes up to
90 minutes.**

WHAT WILL HAPPEN DURING MY TEST?

For your Home Oxygen Assessment, the respiratory therapist may:

- Check your oxygen levels on room air.
- Give you a blood test (also called an ABG test).
- Have you do a walking test. This will check your oxygen levels.
- Have you do another walking test using oxygen. This will show how oxygen helps. This also checks what your oxygen prescription should be.

WHAT WILL HAPPEN AFTER MY TEST?

- You must see your doctor for your results.
- Your doctor will order home oxygen for you if you qualify.