

# Ultrasound-guided Biopsy

## WHAT TO EXPECT

A biopsy is a test that looks for inflammation or cancer. The radiologist will use the ultrasound machine to take pictures, and then put a very thin needle into a localized spot.

## BEFORE THE TEST

- The sonographer, nurse, and/or radiologist will speak to you before the test and address any questions or concerns that you may have.
- You will need to sign a consent form giving us permission to perform the procedure.
- You may have an intravenous line (IV) inserted.

## DURING THE TEST

- Your skin will be cleaned and prepped with a sterile solution.
- The radiologist will take pictures to plan the procedure using an ultrasound.
- Localized anesthetic (i.e. freezing) will be used on your skin to numb the area where the needle goes in.
- The biopsy needle will be inserted into your body. The radiologist will continue to take pictures to help show where the needle needs to go.
- You may receive pain medication throughout the exam at the discretion of the radiologist.
- The test lasts between 30 minutes to 1 hour.

## AFTER THE TEST

- Depending on which area you had your biopsy done, you may need to go to a recovery area. Sometimes, additional imaging may be done while you are recovering.
- You can go home once our staff tells you it is safe to leave.
- You must see your referring doctor for the test results.
- If you received any sedation during the procedure:
  - You will be discharged with an adult friend or family member that is taking you home.
  - You cannot drive or operate machinery for the next 24 hours.
  - You should have an adult friend or family member stay with you for 24 hours after your test.

If you develop unexpected symptoms (including but not limited to: fever, severe pain, increased redness or tenderness in the area, bleeding from the site), call your doctor and/or go to the Emergency Department right away.